



WHAT IF IT'S TRUE . . . THAT YOU ARE FORGIVEN

In preparation for the online Bible study on Apr. 30, you may wish to read through the following questions and Bible passages. We will consider these and other topics during our live discussion as well. Preparation is not required.

QUESTION: WHAT IS GUILT?

Consider: What does guilt feel like? When can guilt be a good thing? A bad thing? How do we know when our guilt is appropriate or inappropriate?

Consider: Is guilt an emotion? If we don't think of it as an emotion, how might that change what we do with guilt?

NOTES

READ: LUKE 7:36-50

Consider: In these verses, a woman washes Jesus' feet with her tears and anoints them with perfume. What does Jesus teach Simon and the others about forgiveness?

FORGIVENESS MYTHS

- 1: Forgiveness means the thing that happened to you is okay.
- 2: Forgiveness means that you forget the thing that happened to you.
- 3: Forgiveness can only happen when a person apologizes.
- 4: Forgiveness means that you don't have to face consequences anymore.

READ THE FOLLOWING BIBLE PASSAGES AND LIST FACTS WE KNOW TO BE TRUE ABOUT FORGIVENESS.

John 10:17,18—

Jeremiah 31:34b—

Ephesians 2:8,9—

Romans 8:1—